

## FACE AND BODY TREATMENTS

Welcome to the Auberge Saint-Antoine's health club and spa, an intimate space designed to calm the mind and provide daily relief for our guests, offering a full range of treatments, massages, facials and nail care from our highly trained staff.

### MASSAGE THERAPY - RATES

60 minutes massage: 115\$ + taxes

90 minutes massage: 150\$ + taxes

The massage therapists chosen to minister to the guests at l'Auberge Saint-Antoine are passionate and highly skilled. Their intervention is directed towards the respect and the needs of their customers.

### SKIN CARE

**Peeling** | \$65 - 30 minutes

Deep exfoliation treatment to even and moisturize skin, reduce wrinkles and fine lines, to achieve an instant radiance.

**Algomask** | \$98 - 60 minutes

This treatment provides a soothing and refreshing effect. It brightens the complexion while diminishing redness. Perfect for sensitive, dry, or reactive skin types.

**Hydro Lifting** | \$105 - 60 minutes

An ideal moisturizing and toning treatment to prepare for that special event. A luxurious four-step clinical treatment for all skin types and conditions.

**Spa Sea C** | \$120 - 60 minutes

A revitalizing and anti-aging treatment designed to reverse the visible signs of aging. This treatment, rich in vitamin C, vegetal and marine nutrients, is ideal to counteract the effects of sun exposure, and for people living in an urban environment.

**Oxygenating Treatment** | \$95 - 60 minutes

A revolutionary treatment to purify and revitalize dull and stressed skin that is especially beneficial for oily or acneprone skin. You can expect luminous, hydrated, and younger-looking skin.

**Phyto Stern Sell Treatment** | \$115 - 60 minutes

An algomask anti-aging treatment that promotes cellular vitality and helps to delay the visible signs of aging.

**Botinol** | \$170 - 60 minutes

This innovative peptide treatment envelops the skin leaving it with feeling balanced and refreshed.

**Collagen** | \$150 - 90 minutes

This intensely regenerative treatment dramatically reduces the appearance of fine lines and wrinkles. It visibly strengthens the skin for an unparalleled rejuvenating result. Ideal for mature skins, it makes the skin look plumped and radiant. It is the signature treatment of the Auberge Saint-Antoine.

**Collagen eye contour** | Alone: \$55 – Incorporated: \$25 This collagen treatment sublime and illuminates your eye contour and helps skin to look younger and smoother. It is a new radiance boosting anti-aging which minimize the signs of aging. Visibly improve the appearance of dark circles, help decrease puffy under eye bags to reveal a more youthful hydrated look. Can be done alone or incorporated into another facial treatment

\*A hand massage is included with each facial treatment.

**SAINT-ANTOINE RELAXATION PACKAGE**

Facial, pedicure and manicure | \$150 - 120 minutes

**GENTLEMEN'S CARE | YON-KA**

**Face care** | \$85 - 60 minutes

An essential oil treatment to purify, tone and revitalize.

**Gentleman's manicure** | \$35 - 45 minutes

Complete hand treatment followed by a massage and buffing.

**Gentleman's pedicure** | \$65 - 75 minutes

Foot and nail care followed by a massage and buffing.

**ON THE RUN | 30 min treatments**

**Blemish eliminator** | \$35

Eliminates acne-causing bacteria and helps clear the skin.

**Exfoliation Express** | \$35

Exfoliation to eliminate dead cells.

**Moisturizing Infusion** | \$40

Intensely hydrates skin treatment.

**Mini Lifting** | \$40

Lifting and firming to redefine and lift the contour of the face.

**Radiant Eyes** | \$35

Improves eye contour to achieve a more youthful appearance.

**NAIL CARE**

**Manicure** | \$40 - 45 minutes

Nail care with massage and application of nail polish. (Shellac polish or Led polish - \$15 additional)

**Deluxe manicure** | \$60 - 90 minutes

Complete hand treatment followed by a massage, exfoliation, paraffin and application of nail polish.

**Changing nail polish** | \$20 - 30 minutes

Hand treatment and application of nail polish.

**Pedicure** | \$70 - 75 minutes

Foot and nails treatment including a massage and application of nail polish.

**Deluxe pedicure** | \$90 - 105 minutes

A foot and nails treatment including a massage, an exfoliation, paraffin and application of nail polish.

**Paraffin Care** | \$25 - 30 minutes

Hand massage followed by the application of paraffin.

**Nail extension** | \$70 - 90 minutes

Nail repair for resin or gels UV nails | \$50-55 - 75 minutes

**Acrylic and Gel Nail removal** | \$15 - 30 minutes

**WAXING**

Upper Lip \$12

Eyebrow shaping \$15

Underarm \$15

Bikini \$15 and \$40

Back \$35

Arm \$20

Half Leg \$25

Thighs \$30

Thighs and legs \$50

Thighs, legs and Bikini \$55

Chest \$35

**GENERAL INFORMATION**

Treatment Duration

We encourage you to arrive 5 minutes prior to your treatment time in order to fully enjoy your experience. All treatments include time for a personal consultation.

A Relaxing Interlude

Our health club is a place dedicated to well-being and relaxation. In order to fully enjoy this experience and respect our guests' tranquility, we kindly ask you to turn off your cellphone.

Health Club Etiquette

Should you wish to have a shower before your treatment, kindly do so before your arrival. For an optimal experience, inform your therapist of any existing medical conditions.

### Reservations & Cancellation

Should you need to cancel or reschedule your appointment, we ask you to give 24-hour notice to avoid incurring the full therapy fee. Cancellations made within 24 hours will incur a charge of 50% of the treatment price. All above indicated prices do not include taxes and are subject to change without notice. Tipping is at your discretion.